



































































































































































	月曜日	火曜日	水曜日	木曜日	金曜日	土曜日	日曜日	
5:00	<div> LES MILLS BODYBALANCE 5:00am-5:30am Studio1</div>	<div> LES MILLS DANCE 5:00am-5:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 5:00am-5:30am Studio1</div>	<div> LES MILLS BODYBALANCE 5:00am-5:30am Studio1</div>	<div> LES MILLS DANCE 5:00am-5:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 5:00am-5:30am Studio1</div>	<div> LES MILLS BODYBALANCE 5:00am-5:30am Studio1</div>	5:00
5:30	<div> LES MILLS RPM 5:30am-6:00am Studio2</div>	<div> LES MILLS sprint 5:30am-6:00am Studio2</div>	<div> LES MILLS RPM 5:30am-6:00am Studio2</div>	<div> LES MILLS sprint 5:30am-6:00am Studio2</div>	<div> LES MILLS RPM 5:30am-6:00am Studio2</div>	<div> LES MILLS sprint 5:30am-6:00am Studio2</div>	<div> LES MILLS RPM 5:30am-6:00am Studio2</div>	5:30
6:00	<div> LES MILLS BODYCOMBAT 6:00am-6:30am Studio1</div>	<div> LES MILLS BODYBALANCE 6:00am-6:30am Studio1</div>	<div> LES MILLS DANCE 6:00am-6:30am Studio1</div>	<div> LES MILLS BODYBALANCE 6:00am-6:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 6:00am-6:30am Studio1</div>	<div> LES MILLS DANCE 6:00am-6:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 6:00am-6:30am Studio1</div>	6:00
6:30	<div> LES MILLS sprint 6:30am-7:00am Studio2</div>	<div> LES MILLS RPM 6:30am-7:00am Studio2</div>	<div> LES MILLS sprint 6:30am-7:00am Studio2</div>	<div> LES MILLS RPM 6:30am-7:00am Studio2</div>	<div> LES MILLS sprint 6:30am-7:00am Studio2</div>	<div> LES MILLS RPM 6:30am-7:00am Studio2</div>	<div> LES MILLS sprint 6:30am-7:00am Studio2</div>	6:30
7:00	<div> LES MILLS BODYBALANCE 7:00am-7:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 7:00am-7:30am Studio1</div>	<div> LES MILLS BODYBALANCE 7:00am-7:30am Studio1</div>	<div> LES MILLS DANCE 7:00am-7:30am Studio1</div>	<div> LES MILLS BODYBALANCE 7:00am-7:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 7:00am-7:30am Studio1</div>	<div> LES MILLS DANCE 7:00am-7:30am Studio1</div>	7:00
7:30	<div> LES MILLS RPM 7:30am-8:00am Studio2</div>	<div> LES MILLS BODYATTACK 7:30am-8:00am Studio2</div>	<div> LES MILLS RPM 7:30am-8:00am Studio2</div>	<div> LES MILLS BODYATTACK 7:30am-8:00am Studio2</div>	<div> LES MILLS RPM 7:30am-8:00am Studio2</div>	<div> LES MILLS BODYATTACK 7:30am-8:00am Studio2</div>	<div> LES MILLS RPM 7:30am-8:00am Studio2</div>	7:30
8:00	<div> LES MILLS BODYCOMBAT 8:00am-8:30am Studio1</div>	<div> LES MILLS BODYBALANCE 8:00am-8:30am Studio1</div>	<div> LES MILLS DANCE 8:00am-8:30am Studio1</div>	<div> LES MILLS BODYBALANCE 8:00am-8:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 8:00am-8:30am Studio1</div>	<div> LES MILLS BODYBALANCE 8:00am-8:30am Studio1</div>	<div> LES MILLS BODYATTACK 8:00am-8:30am Studio1</div>	8:00
8:30	<div> LES MILLS GRIT 8:30am-9:00am Studio2</div>	<div> LES MILLS RPM 8:30am-9:00am Studio2</div>	<div> LES MILLS GRIT 8:30am-9:00am Studio2</div>	<div> LES MILLS RPM 8:30am-9:00am Studio2</div>	<div> LES MILLS GRIT 8:30am-9:00am Studio2</div>	<div> LES MILLS RPM 8:30am-9:00am Studio2</div>	<div> LES MILLS GRIT 8:30am-9:00am Studio2</div>	8:30
9:00	<div> LES MILLS BODYBALANCE 9:00am-9:30am Studio1</div>	<div> LES MILLS DANCE 9:00am-9:30am Studio1</div>	<div> LES MILLS BODYBALANCE 9:00am-9:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 9:00am-9:30am Studio1</div>	<div> LES MILLS BODYBALANCE 9:00am-9:30am Studio1</div>	<div> LES MILLS DANCE 9:00am-9:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 9:00am-9:30am Studio1</div>	9:00
9:30	<div> LES MILLS RPM 9:30am-10:00am Studio2</div>	<div> LES MILLS sprint 9:30am-10:00am Studio2</div>	<div> LES MILLS RPM 9:30am-10:00am Studio2</div>	<div> LES MILLS sprint 9:30am-10:00am Studio2</div>	<div> LES MILLS RPM 9:30am-10:00am Studio2</div>	<div> LES MILLS sprint 9:30am-10:00am Studio2</div>	<div> LES MILLS RPM 9:30am-10:00am Studio2</div>	9:30
10:00	<div> LES MILLS GRIT 10:00am-10:30am Studio1</div>	<div> LES MILLS BODYATTACK 10:00am-10:30am Studio1</div>	<div> LES MILLS GRIT 10:00am-10:30am Studio1</div>	<div> LES MILLS BODYATTACK 10:00am-10:30am Studio1</div>	<div> LES MILLS GRIT 10:00am-10:30am Studio1</div>	<div> LES MILLS BODYATTACK 10:00am-10:30am Studio1</div>	<div> LES MILLS GRIT 10:00am-10:30am Studio1</div>	10:00
10:30	<div> LES MILLS DANCE 10:30am-11:00am Studio2</div>	<div> LES MILLS BODYBALANCE 10:30am-11:00am Studio2</div>	<div> LES MILLS BODYATTACK 10:30am-11:00am Studio2</div>	<div> LES MILLS GRIT 10:30am-11:00am Studio2</div>	<div> LES MILLS DANCE 10:30am-11:00am Studio2</div>	<div> LES MILLS BODYCOMBAT 10:30am-11:00am Studio2</div>	<div> LES MILLS DANCE 10:30am-11:00am Studio2</div>	10:30
11:00	<div> LES MILLS BODYBALANCE 11:00am-11:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 11:00am-11:30am Studio1</div>	<div> LES MILLS BODYBALANCE 11:00am-11:30am Studio1</div>	<div> LES MILLS DANCE 11:00am-11:30am Studio1</div>	<div> LES MILLS BODYBALANCE 11:00am-11:30am Studio1</div>	<div> LES MILLS BODYCOMBAT 11:00am-11:30am Studio1</div>	<div> LES MILLS DANCE 11:00am-11:30am Studio1</div>	11:00
11:30	<div> LES MILLS RPM 11:30am-12:00am Studio2</div>	<div> LES MILLS BODYATTACK 11:30am-12:00am Studio2</div>	<div> LES MILLS RPM 11:30am-12:00am Studio2</div>	<div> LES MILLS BODYATTACK 11:30am-12:00am Studio2</div>	<div> LES MILLS RPM 11:30am-12:00am Studio2</div>	<div> LES MILLS BODYATTACK 11:30am-12:00am Studio2</div>	<div> LES MILLS RPM 11:30am-12:00am Studio2</div>	11:30
12:00	<div> LES MILLS BODYCOMBAT 12:00pm-12:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 12:00pm-12:30pm Studio1</div>	<div> LES MILLS DANCE 12:00pm-12:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 12:00pm-12:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 12:00pm-12:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 12:00pm-12:30pm Studio1</div>	<div> LES MILLS BODYATTACK 12:00pm-12:30pm Studio1</div>	12:00
12:30	<div> LES MILLS GRIT 12:30am-1:00pm Studio2</div>	<div> LES MILLS RPM 12:30am-1:00pm Studio2</div>	<div> LES MILLS GRIT 12:30am-1:00pm Studio2</div>	<div> LES MILLS RPM 12:30am-1:00pm Studio2</div>	<div> LES MILLS GRIT 12:30am-1:00pm Studio2</div>	<div> LES MILLS RPM 12:30am-1:00pm Studio2</div>	<div> LES MILLS GRIT 12:30am-1:00pm Studio2</div>	12:30
13:00	<div> LES MILLS BODYBALANCE 1:00pm-1:30pm Studio1</div>	<div> LES MILLS DANCE 1:00pm-1:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 1:00pm-1:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 1:00pm-1:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 1:00pm-1:30pm Studio1</div>	<div> LES MILLS DANCE 1:00pm-1:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 1:00pm-1:30pm Studio1</div>	13:00
13:30	<div> LES MILLS sprint 1:30pm-2:00pm Studio2</div>	<div> LES MILLS sprint 1:30pm-2:00pm Studio2</div>	<div> LES MILLS RPM 1:30pm-2:00pm Studio2</div>	<div> LES MILLS sprint 1:30pm-2:00pm Studio2</div>	<div> LES MILLS RPM 1:30pm-2:00pm Studio2</div>	<div> LES MILLS sprint 1:30pm-2:00pm Studio2</div>	<div> LES MILLS RPM 1:30pm-2:00pm Studio2</div>	13:30
14:00	<div> LES MILLS GRIT 2:00pm-2:30pm Studio1</div>	<div> LES MILLS BODYATTACK 2:00pm-2:30pm Studio1</div>	<div> LES MILLS GRIT 2:00pm-2:30pm Studio1</div>	<div> LES MILLS BODYATTACK 2:00pm-2:30pm Studio1</div>	<div> LES MILLS GRIT 2:00pm-2:30pm Studio1</div>	<div> LES MILLS BODYATTACK 2:00pm-2:30pm Studio1</div>	<div> LES MILLS GRIT 2:00pm-2:30pm Studio1</div>	14:00
14:30	<div> LES MILLS BODYATTACK 2:30pm-3:00pm Studio2</div>	<div> LES MILLS GRIT 2:30pm-3:00pm Studio2</div>	<div> LES MILLS BODYATTACK 2:30pm-3:00pm Studio2</div>	<div> LES MILLS GRIT 2:30pm-3:00pm Studio2</div>	<div> LES MILLS BODYATTACK 2:30pm-3:00pm Studio2</div>	<div> LES MILLS GRIT 2:30pm-3:00pm Studio2</div>	<div> LES MILLS BODYATTACK 2:30pm-3:00pm Studio2</div>	14:30
15:00	<div> LES MILLS DANCE 3:00pm-3:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 3:00pm-3:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 3:00pm-3:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 3:00pm-3:30pm Studio1</div>	<div> LES MILLS DANCE 3:00pm-3:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 3:00pm-3:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 3:00pm-3:30pm Studio1</div>	15:00
15:30	<div> LES MILLS RPM 3:30pm-4:00pm Studio2</div>	<div> LES MILLS sprint 3:30pm-4:00pm Studio2</div>	<div> LES MILLS RPM 3:30pm-4:00pm Studio2</div>	<div> LES MILLS sprint 3:30pm-4:00pm Studio2</div>	<div> LES MILLS RPM 3:30pm-4:00pm Studio2</div>	<div> LES MILLS sprint 3:30pm-4:00pm Studio2</div>	<div> LES MILLS RPM 3:30pm-4:00pm Studio2</div>	15:30
16:00	<div> LES MILLS BODYBALANCE 4:00pm-4:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 4:00pm-4:30pm Studio1</div>	<div> LES MILLS DANCE 4:00pm-4:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 4:00pm-4:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 4:00pm-4:30pm Studio1</div>	<div> LES MILLS BODYCOMBAT 4:00pm-4:30pm Studio1</div>	<div> LES MILLS BODYBALANCE 4:00pm-4:30pm Studio1</div>	16:00
16:30	<div> LES MILLS sprint 4:30pm-5:00pm Studio2</div>	<div></div>						

