YPER	FIT24	近江八幡店	Group	Exercise	Timetable	
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	R FIT24 近江 <i>)</i> 一	火曜日	水曜日	cise Timetab _{木曜日}	金曜日	土曜日		
5:00	D LESMILLS BODYBALANCE 5:00am-5:30am Studio1	LESMILLS DANCE 5:00am-5:30am Studio1	D LESMILLS BODYCOMBAT 5:00am-5:30am Studio1	D LESMILLS BODYBALANCE 5:00am-5:30am Studio1	上ESMILLS DANCE 5:00am-5:30am Studio1	D LESMILLS BODYCOMBAT 5:00am-5:30am Studio1	D唯口  LESMILLS  BODYBALANCE  5:00am-5:30am  Studio1	5:00
5:30	EsMILLS RPM 5:30am-6:00am Studio2	Signature 5:30am-6:00am Studio2	D RPM 5:30am-6:00am Studio2	Signature 5:30am-6:00am	O RPM 5:30am-6:00am Studio2	Signature 5:30am-6:00am Studio2	O RPM 5:30am-6:00am Studio2	5:30
6:00	6:00am-6:30am Studio1	BODYBALANCE 6:00am-6:30am Studio1	6:00am-6:30am Studio1	D RODYBALANCE 6:00am-6:30am Studio1	BODYCOMBAT 6:00am-6:30am Studio1	6:00am-6:30am Studio1	BODYCOMBAT 6:00am-6:30am Studio1	6:00
6:30	6:30am-7:00am Studio2	Esmills RPM 6:30am-7:00am Studio2	6:30am-7:00am Studio2	RPM 6:30am-7:00am Studio2	6:30am-7:00am Studio2	C:30am-7:00am Studio2	6:30am-7:00am Studio2	6:3
7:00	D Lesmils BODYBALANCE 7:00am-7:30am Studio1	D LESMILLS BODYCOMBAT 7:00am-7:30am Studio1	D LESMILLS BODYBALANCE 7:00am-7:30am Studio1	DANCE 7:00am-7:30am Studio1	D LESMILLS BODYBALANCE 7:00am-7:30am Studio1	D BODYCOMBAT 7:00am-7:30am Studio1	7:00am-7:30am Studio1	7:0
7:30	CESMILLS RPM 7:30am-8:00am Studio2	LESMILLS BODYATTACK 7:30am-8:00am Studio2	CESMILLS RPM 7:30am-8:00am Studio2	D LESMILLS BODYATTACK 7:30am-8:00am Studio2	C RPM 7:30am-8:00am Studio2	LESMILLS BODYATTACK 7:30am-8:00am Studio2	C RPM 7:30am-8:00am Studio2	7:3
8:00	BESMILLS BODYCOMBAT 8:00am-8:30am Studio1	BODYBALANCE 8:00am-8:30am Studio1	8:00am-8:30am Studio1	BODYBALANCE 8:00am-8:30am Studio1	BODYCOMBAT 8:00am-8:30am Studio1	EsMILLS BODYBALANCE 8:00am-8:30am Studio1	EesMills BODYATTACK 8:00am-8:30am Studio1	8:0
8:30	O GRIT 8:30am-9:00am Studio2	RPM 8:30am-9:00am Studio2	O GRIT 8:30am-9:00am Studio2	RPM 8:30am-9:00am Studio2	O GRIT 8:30am-9:00am Studio2	RPM 8:30am-9:00am Studio2	© GRIT 8:30am-9:00am Studio2	8:3
9:00	D LESMILLS BODYBALANCE 9:00am-9:30am Studio1	9:00am-9:30am Studio1	BODYBALANCE 9:00am-9:30am Studio1	D LESMILLS BODYCOMBAT 9:00am-9:30am Studio1	D LESMILLS BODYBALANCE 9:00am-9:30am Studio1	DANCE 9:00am-9:30am Studio1	D LESMILLS BODYCOMBAT 9:00am-9:30am Studio1	9:0
9:30	9:30am-10:00am Studio2	9:30am-10:00am Studio2	9:30am-10:00am Studio2	9:30am-10:00am Studio2	9:30am-10:00am Studio2	9:30am-10:00am Studio2	9:30am-10:00am Studio2	9:3
10:30	10:00am-10:30am Studio1	BODYATTACK 10:00am-10:30am Studio1	10:00am-10:30am Studio1	D BODYATTACK  10:00am-10:30am  Studio1	OGRIT 10:00am-10:30am Studio1	10:00am-10:30am Studio1	O GRIT 10:00am-10:30am Studio1	10:
11:00	10:30am-11:00am Studio2	10:30am-11:00am Studio2	10:30am-11:00am Studio2	10:30am-11:00am Studio2	10:30am-11:00am Studio2	10:30am-11:00am Studio2	10:30am-11:00am Studio2	11:
11:30	D LESMILLS BODYBALANCE 11:00am-11:30am Studio1 LESMILLS	11:00am-11:30am Studio1	11:00am-11:30am Studio1	DANCE 11:00am-11:30am Studio1	11:00am-11:30am Studio1	D LESMILLS BODYCOMBAT  11:00am-11:30am  Studio1	11:00am-11:30am Studio1	11:
12:00	11:30am-12:00am Studio2	11:30am-12:00am Studio2	PRPM 11:30am-12:00am Studio2	DESMILLS BODYATTACK  11:30am-12:00am Studio2	O RPM  11:30am-12:00am  Studio2	BODYATTACK  11:30am-12:00am  Studio2	O RPM  11:30am-12:00am  Studio2	12:
	12:00pm-12:30pm Studio1	D LESMILLS BODYBALANCE 12:00pm-12:30pm Studio1	12:00pm-12:30pm Studio1	D BODYBALANCE 12:00pm-12:30pm Studio1	D BODYCOMBAT  12:00pm-12:30pm  Studio1	D LESMILLS BODYBALANCE  12:00pm-12:30pm  Studio1	DESMILLS BODYATTACK 12:00pm-12:30pm Studio1	
12:30	O GRIT  12:30am-1:00pm  Studio2	D LESMILLS RPM 12:30am-1:00pm Studio2	OGRIT 12:30am-1:00pm Studio2	D LESMILLS RPM 12:30am-1:00pm Studio2	<b>OGRIT</b> 12:30am-1:00pm Studio2	O RPM  12:30am-1:00pm  Studio2	OGRIT 12:30am-1:00pm Studio2	12:
13:00	D LESMILLS BODYBALANCE 1:00pm-1:30pm Studio1	1:00pm-1:30pm Studio1	D RODYBALANCE  1:00pm-1:30pm  Studio1	D LESMILLS BODYCOMBAT  1:00pm-1:30pm  Studio1	D LESMILLS BODYBALANCE 1:00pm-1:30pm Studio1	DANCE 1:00pm-1:30pm Studio1	D BODYCOMBAT  1:00pm-1:30pm  Studio1	13:
13:30	Sprint 1:30pm-2:00pm Studio2	O Sprint  1:30pm-2:00pm  Studio2	D RPM 1:30pm-2:00pm Studio2	O Sprint  1:30pm-2:00pm  Studio2	O RPM  1:30pm-2:00pm  Studio2	O Sprint  1:30pm-2:00pm  Studio2	O RPM  1:30pm-2:00pm  Studio2	13:
14:00	OGRIT 2:00pm-2:30pm Studio1	D BODYATTACK 2:00pm-2:30pm Studio1	OGRIT 2:00pm-2:30pm Studio1	BODYATTACK 2:00pm-2:30pm Studio1	OGRIT 2:00pm-2:30pm Studio1	BODYATTACK 2:00pm-2:30pm Studio1	OGRIT 2:00pm-2:30pm Studio1	14:
14:30	BODYATTACK 2:30pm-3:00pm Studio2	OGRIT 2:30pm-3:00pm Studio2	DESMILLS BODYATTACK 2:30pm-3:00pm Studio2	OGRIT 2:30pm-3:00pm Studio2	D LESMILLS BODYATTACK 2:30pm-3:00pm Studio2	OGRIT 2:30pm-3:00pm Studio2	BODYATTACK  2:30pm-3:00pm  Studio2	14:
15:00	3:00pm-3:30pm Studio1	D LESMILLS BODYBALANCE 3:00pm-3:30pm Studio1	BODYCOMBAT 3:00pm-3:30pm Studio1	D LESMILLS BODYBALANCE 3:00pm-3:30pm Studio1	3:00pm-3:30pm Studio1	D LESMILLS BODYBALANCE 3:00pm-3:30pm Studio1	D LESMILLS BODYBALANCE 3:00pm-3:30pm Studio1	15:
15:30	PRPM 3:30pm-4:00pm Studio2	Studio2	PESMILLS RPM 3:30pm-4:00pm Studio2	3:30pm-4:00pm Studio2	C RPM  3:30pm-4:00pm  Studio2	Studio2	3:30pm-4:00pm Studio2	15:
16:00	BODYBALANCE 4:00pm-4:30pm Studio1	D LESMILLS BODYCOMBAT 4:00pm-4:30pm Studio1	4:00pm-4:30pm Studio1	D LESMILLS BODYCOMBAT  4:00pm-4:30pm  Studio1	D BODYBALANCE 4:00pm-4:30pm Studio1	BODYCOMBAT  4:00pm-4:30pm  Studio1	D RODYBALANCE 4:00pm-4:30pm Studio1	16:
16:30	Studio2	PM 4:30pm-5:00pm Studio2	4:30pm-5:00pm Studio2	PRPM 4:30pm-5:00pm Studio2	4:30pm-5:00pm Studio2	C RPM 4:30pm-5:00pm Studio2	4:30pm-5:00pm Studio2	16:
17:00 17:30	D LESMILLS 5:00pm-5:30pm Studio1 LESMILLS	5:00pm-5:30pm Studio1	5:00pm-5:30pm Studio1	D LESMILLS BODYBALANCE 5:00pm-5:30pm Studio1	5:00pm-5:30pm Studio1	5:00pm-5:30pm Studio1	Esmills  BODYCOMBAT  5:00pm-5:30pm  Studio1	17:
- •	<b>BODYATTACK</b> 5:30pm-6:00pm Studio2	OGRIT 5:30pm-6:00pm Studio2	5:30pm-6:00pm Studio2	5:30pm-6:00pm Studio2	BODYATTACK 5:30pm-6:00pm Studio2	5:30pm-6:00pm Studio2	5:30pm-6:00pm Studio2	

18:00	6:00pm-6:30pm	ESMILLS BODYCOMBAT  6:00pm-6:30pm  Studio1	EPSMILLS BODYATTACK 6:00pm-6:30pm Studio1	6:00pm-6:30pm	D LESMILLS BODYCOMBAT 6:00pm-6:30pm Studio1	O GRIT 6:00pm-6:30pm Studio1	6:00pm-6:30pm	18:00
18:30	6:30pm-7:00pm Studio2	C:30pm-7:00pm Studio2	6:30pm-7:00pm Studio2	6:30pm-7:00pm Studio2	6:30pm-7:00pm Studio2	ESMILLS  RPM  6:30pm-7:00pm  Studio2	ESMILLS BODYATTACK 6:30pm-7:00pm Studio2	18:30
19:00	D LESMILLS BODYBALANCE 7:00pm-8:00pm Studio1	7:00pm-7:30pm Studio1	D LESMILLS BODYCOMBAT 7:00pm-7:30pm Studio1	D LESMILLS BODYBALANCE 7:00pm-7:30pm Studio1	7:00pm-7:30pm Studio1	D LESMILLS BODYCOMBAT 7:00pm-7:30pm Studio1	D LESMILLS BODYBALANCE 7:00pm-7:30pm Studio1	19:00
19:30	O RPM 7:30pm-8:00pm Studio2	Sprint 7:30pm-8:00pm Studio2	CESMILLS RPM 7:30pm-8:00pm Studio2	Sprint 7:30pm-8:00pm Studio2	PRPM 7:30pm-8:00pm Studio2	© Sprint 7:30pm-8:00pm Studio2	C RPM 7:30pm-8:00pm Studio2	19:30
20:00	BODYCOMBAT 8:00pm-8:30pm Studio1	ESMILLS BODYBALANCE 8:00pm-8:30pm Studio1	B:00pm-8:30pm Studio1	EsMILLS  RODYBALANCE  8:00pm-8:30pm  Studio1	Esmills BODYCOMBAT 8:00pm-8:30pm Studio1	B:00pm-8:30pm Studio1	BODYCOMBAT 8:00pm-8:30pm Studio1	20:00
20:30	Sprint 8:30pm-9:00pm Studio2	ESMILLS RPM  8:30pm-9:00pm  Studio2	Sprint 8:30pm-9:00pm Studio2	ESMILLS RPM 8:30pm-9:00pm Studio2	Sprint 8:30pm-9:00pm Studio2	ESMILLS RPM 8:30pm-9:00pm Studio2	Signatural Studio2	20:30
21:00	D LESMILLS BODYBALANCE 9:00pm-9:30pm Studio1	D LESMILLS BODYCOMBAT 9:00pm-9:30pm Studio1	D LESMILLS BODYBALANCE 9:00pm-9:30pm Studio1	9:00pm-9:30pm Studio1	D LESMILLS BODYBALANCE 9:00pm-9:30pm Studio1	D LESMILLS BODYCOMBAT 9:00pm-9:30pm Studio1	9:00pm-9:30pm Studio1	21:00
21:30	P:30pm-10:00pm Studio2	D LesMILLS BODYATTACK 9:30pm-10:00pm Studio2	P:30pm-10:00pm Studio2	D LesMILLS BODYATTACK 9:30pm-10:00pm Studio2	O RPM 9:30pm-10:00pm Studio2	BODYATTACK 9:30pm-10:00pm Studio2	© RPM 9:30pm-10:00pm Studio2	21:30
22:00	D LESMILLS BODYCOMBAT  10:00pm-10:30pm Studio1	D LESMILLS BODYBALANCE  10:00pm-10:30pm  Studio1	10:00pm-10:30pm Studio1	D LESMILLS BODYBALANCE 10:00pm-10:30pm Studio1	D LESMILLS BODYCOMBAT 10:00pm-10:30pm Studio1	D LesMILLS BODYBALANCE 10:00pm-10:30pm Studio1	D BODYATTACK  10:00pm-10:30pm  Studio1	22:00
22:30	OGRIT  10:30pm-11:00pm  Studio2	O RPM  10:30pm-11:00pm  Studio2	O GRIT  10:30pm-11:00pm  Studio2	D LESMILLS RPM 10:30pm-11:00pm Studio2	OGRIT  10:30pm-11:00pm  Studio2	D LESMILLS RPM 10:30pm-11:00pm Studio2	OGRIT  10:30pm-11:00pm  Studio2	22:30
23:00	D LESMILLS BODYBALANCE 11:00pm-11:30pm Studio1	11:00pm-11:30pm Studio1	D LesMILLS RODYBALANCE 11:00pm-11:30pm Studio1	D LESMILLS BODYCOMBAT 11:00pm-11:30pm Studio1	D LESMILLS BODYBALANCE 11:00pm-11:30pm Studio1	11:00pm-11:30pm Studio1	D LESMILLS BODYCOMBAT  11:00pm-11:30pm  Studio1	23:00
23:30	PRPM 11:30pm-12:00pm Studio2	O Sprint  11:30pm-12:00pm  Studio2	PRPM  11:30pm-12:00pm  Studio2	0 Sprint  11:30pm-12:00pm  Studio2	D LESMILLS RPM  11:30pm-12:00pm Studio2	(1:30pm-12:00pm) Studio2	PRPM 11:30pm-12:00pm Studio2	23:30
0:00	O:00am-0:30am Studio1	D BODYATTACK 0:00am-0:30am Studio1	O:00am-0:30am	D LESMILLS BODYATTACK 0:00am-0:30am Studio1	O:00am-0:30am	D LESMILLS BODYATTACK 0:00am-0:30am Studio1	0:00am-0:30am Studio1	0:00
0:30	D LESMILLS BODYATTACK 0:30am-1:00am Studio2	O:30am-1:00am Studio2	D LESMILLS BODYATTACK 0:30am-1:00am Studio2	O:30am-1:00am Studio2	D LESMILLS BODYATTACK 0:30am-1:00am Studio2	OGRIT 0:30am-1:00am Studio2	D LESMILLS BODYATTACK 0:30am-1:00am Studio2	0:30
1:00	DANCE 1:00am-1:30am Studio1	D LESMILLS BODYBALANCE  1:00am-1:30am  Studio1	D LESMILLS BODYCOMBAT  1:00am-1:30am  Studio1	D LESMILLS BODYBALANCE 1:00am-1:30am Studio1	D LESMILLS BODYBALANCE 1:00am-1:30am Studio1	D LESMILLS BODYBALANCE 1:00am-1:30am Studio1	D LESMILLS BODYBALANCE  1:00am-1:30am  Studio1	1:00
1:30	D LESMILLS RPM  1:30am-2:00am Studio2	Sprint  1:30am-2:00am  Studio2	PRPM  1:30am-2:00am  Studio2	Sprint  1:30am-2:00am  Studio2	D LESMILLS RPM  1:30am-2:00am Studio2	Sprint  1:30am-2:00am  Studio2	LESMILLS RPM  1:30am-2:00am  Studio2	1:30
2:00	D LESMILLS BODYBALANCE 2:00am-2:30am Studio1	O BODYCOMBAT  2:00am-2:30am  Studio1	LESMILIS DANCE 2:00am-2:30am Studio1	D LESMILLS BODYCOMBAT 2:00am-2:30am Studio1	D LESMILLS BODYBALANCE 2:00am-2:30am Studio1	D LESMILLS BODYCOMBAT  2:00am-2:30am  Studio1	D LESMILS BODYBALANCE 2:00am-2:30am Studio1	2:00
2:30	2:30am-3:00am Studio2	CHANGE PARTIES  2:30am-3:00am  Studio2	Studio1  2:30am-3:00am  Studio2	C:30am-3:00am Studio2	2:30am-3:00am Studio2	C:30am-3:00am Studio2	Studio2	2:30
3:00	D LESMILLS BODYCOMBAT  3:00am-3:30am  Studio1	Studio2  LESMILS  DANCE  3:00am-3:30am  Studio1	BODYCOMBAT  3:00am-3:30am  Studio1	D LESMILLS BODYBALANCE  3:00am-3:30am  Studio1	D LESMILLS BODYCOMBAT  3:00am-3:30am  Studio1	LESMILLS DANCE 3:00am-3:30am Studio1	D LESMILLS BODYCOMBAT  3:00am-3:30am  Studio1	3:00
3:30	BODYATTACK 3:30am-4:00am	O GRIT 3:30am-4:00am	RPM 3:30am-4:00am	<b>Sprint</b> 3:30am-4:00am	BODYATTACK 3:30am-4:00am	<b>Sprint</b> 3:30am-4:00am	PRPM 3:30am-4:00am	3:30
4:00	Studio2  LesMills  DANCE  4:00am-4:30am	4:00am-4:30am		Studio2  LESMILS  DANCE  4:00am-4:30am	Studio2  D LESMILLS BODYCOMBAT  4:00am-4:30am	Studio2  GRIT  4:00am-4:30am	Studio2  LESMILS  DANCE  4:00am-4:30am	4:00
4:30	Studio1 Sprint	Studio1  LesMILLS  RPM	Studio1  Sprint	Studio1  O GRIT	Studio1 Sprint	Studio1  LESMILLS  RPM	Studio1  Lesmills  BODYATTACK	4:30