




























































































































































	月曜日	火曜日	水曜日	木曜日	金曜日	土曜日	日曜日	
0:00	<div> LESMILLS BODYATTACK 0:00am-0:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 0:00am-0:30am Studio1</div>	<div> LESMILLS DANCE 0:00am-0:30am Studio1</div>	<div> LESMILLS GRIT 0:00am-0:30am Studio1</div>	<div> LESMILLS DANCE 0:00am-0:30am Studio1</div>	<div> LESMILLS BODYATTACK 0:00am-0:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 0:00am-0:30am Studio1</div>	0:00
1:00	<div> LESMILLS BODYCOMBAT 1:00am-1:30am Studio1</div>	<div> LESMILLS DANCE 1:00am-1:30am Studio1</div>	<div> LESMILLS BODYBALANCE 1:00am-1:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 1:00am-1:30am Studio1</div>	<div> LESMILLS GRIT 1:00am-1:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 1:00am-1:30am Studio1</div>	<div> LESMILLS DANCE 1:00am-1:30am Studio1</div>	1:00
2:00	<div> LESMILLS GRIT 2:00am-2:30am Studio1</div>	<div> LESMILLS BODYBALANCE 2:00am-2:30am Studio1</div>	<div> LESMILLS BODYATTACK 2:00am-2:30am Studio1</div>	<div> LESMILLS BODYBALANCE 2:00am-2:30am Studio1</div>	<div> LESMILLS BODYBALANCE 2:00am-2:30am Studio1</div>	<div> LESMILLS DANCE 2:00am-2:30am Studio1</div>	<div> LESMILLS BODYATTACK 2:00am-2:30am Studio1</div>	2:00
3:00	<div> LESMILLS BODYCOMBAT 3:00am-3:30am Studio1</div>	<div> LESMILLS GRIT 3:00am-3:30am Studio1</div>	<div> LESMILLS GRIT 3:00am-3:30am Studio1</div>	<div> LESMILLS DANCE 3:00am-3:30am Studio1</div>	<div> LESMILLS BODYATTACK 3:00am-3:30am Studio1</div>	<div> LESMILLS BODYBALANCE 3:00am-3:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 3:00am-3:30am Studio1</div>	3:00
4:00	<div> LESMILLS DANCE 4:00am-4:30am Studio1</div>	<div> LESMILLS BODYATTACK 4:00am-4:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 4:00am-4:30am Studio1</div>	<div> LESMILLS BODYATTACK 4:00am-4:30am Studio1</div>	<div> LESMILLS GRIT 4:00am-4:30am Studio1</div>	<div> LESMILLS BODYATTACK 4:00am-4:30am Studio1</div>	<div> LESMILLS GRIT 4:00am-4:30am Studio1</div>	4:00
5:00	<div> LESMILLS BODYBALANCE 5:00am-5:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 5:00am-5:30am Studio1</div>	<div> LESMILLS DANCE 5:00am-5:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 5:00am-5:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 5:00am-5:30am Studio1</div>	<div> LESMILLS GRIT 5:00am-5:30am Studio1</div>	<div> LESMILLS BODYBALANCE 5:00am-5:30am Studio1</div>	5:00
6:00	<div> LESMILLS BODYATTACK 6:00am-6:30am Studio1</div>	<div> LESMILLS DANCE 6:00am-6:30am Studio1</div>	<div> LESMILLS BODYBALANCE 6:00am-6:30am Studio1</div>	<div> LESMILLS GRIT 6:00am-6:30am Studio1</div>	<div> LESMILLS DANCE 6:00am-6:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 6:00am-6:30am Studio1</div>	<div> LESMILLS BODYATTACK 6:00am-6:30am Studio1</div>	6:00
7:00	<div> LESMILLS BODYCOMBAT 7:00am-7:30am Studio1</div>	<div> LESMILLS BODYBALANCE 7:00am-7:30am Studio1</div>	<div> LESMILLS GRIT 7:00am-7:30am Studio1</div>	<div> LESMILLS BODYBALANCE 7:00am-7:30am Studio1</div>	<div> LESMILLS BODYATTACK 7:00am-7:30am Studio1</div>	<div> LESMILLS BODYBALANCE 7:00am-7:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 7:00am-7:30am Studio1</div>	7:00
8:00	<div> LESMILLS DANCE 8:00am-8:30am Studio1</div>	<div> LESMILLS BODYATTACK 8:00am-8:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 8:00am-8:30am Studio1</div>	<div> LESMILLS BODYATTACK 8:00am-8:30am Studio1</div>	<div> LESMILLS BODYBALANCE 8:00am-8:30am Studio1</div>	<div> LESMILLS BODYATTACK 8:00am-8:30am Studio1</div>	<div> LESMILLS GRIT 8:00am-8:30am Studio1</div>	8:00
9:00	<div> LESMILLS BODYBALANCE 9:00am-9:30am Studio1</div>	<div> LESMILLS GRIT 9:00am-9:30am Studio1</div>	<div> LESMILLS BODYATTACK 9:00am-9:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 9:00am-9:30am Studio1</div>	<div> LESMILLS GRIT 9:00am-9:30am Studio1</div>	<div> LESMILLS GRIT 9:00am-9:30am Studio1</div>	<div> LESMILLS BODYBALANCE 9:00am-9:30am Studio1</div>	9:00
10:00	<div> LESMILLS GRIT 10:00am-10:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 10:00am-10:30am Studio1</div>	<div> LESMILLS DANCE 10:00am-10:30am Studio1</div>	<div> LESMILLS GRIT 10:00am-10:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 10:00am-10:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 10:00am-10:30am Studio1</div>	<div> LESMILLS DANCE 10:00am-10:30am Studio1</div>	10:00
11:00	<div> LESMILLS BODYCOMBAT 11:00am-11:30am Studio1</div>	<div> LESMILLS BODYBALANCE 11:00am-11:30am Studio1</div>	ヨガレッスン 11:00am-12:00am Studio1	<div> LESMILLS BODYBALANCE 11:00am-11:30am Studio1</div>	<div> LESMILLS BODYATTACK 11:00am-11:30am Studio1</div>	<div> LESMILLS BODYBALANCE 11:00am-11:30am Studio1</div>	<div> LESMILLS BODYCOMBAT 11:00am-11:30am Studio1</div>	11:00
12:00	<div> LESMILLS DANCE 12:00pm-12:30pm Studio1</div>	<div> LESMILLS BODYATTACK 12:00pm-12:30pm Studio1</div>	<div> LESMILLS GRIT 12:00pm-12:30pm Studio1</div>	<div> LESMILLS DANCE 12:00pm-12:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 12:00pm-12:30pm Studio1</div>	<div> LESMILLS DANCE 12:00pm-12:30pm Studio1</div>	<div> LESMILLS GRIT 12:00pm-12:30pm Studio1</div>	12:00
13:00	<div> LESMILLS BODYBALANCE 1:00pm-1:30pm Studio1</div>	<div> LESMILLS GRIT 1:00pm-1:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 1:00pm-1:30pm Studio1</div>	<div> LESMILLS BODYATTACK 1:00pm-1:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 1:00pm-1:30pm Studio1</div>	<div> LESMILLS GRIT 1:00pm-1:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 1:00pm-1:30pm Studio1</div>	13:00
14:00	<div> LESMILLS BODYCOMBAT 2:00pm-2:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 2:00pm-2:30pm Studio1</div>	<div> LESMILLS DANCE 2:00pm-2:30pm Studio1</div>	<div> LESMILLS GRIT 2:00pm-2:30pm Studio1</div>	<div> LESMILLS DANCE 2:00pm-2:30pm Studio1</div>	<div> LESMILLS BODYATTACK 2:00pm-2:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 2:00pm-2:30pm Studio1</div>	14:00
15:00	<div> LESMILLS BODYATTACK 3:00pm-3:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 3:00pm-3:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 3:00pm-3:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 3:00pm-3:30pm Studio1</div>	<div> LESMILLS GRIT 3:00pm-3:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 3:00pm-3:30pm Studio1</div>	<div> LESMILLS DANCE 3:00pm-3:30pm Studio1</div>	15:00
16:00	<div> LESMILLS GRIT 4:00pm-4:30pm Studio1</div>	<div> LESMILLS DANCE 4:00pm-4:30pm Studio1</div>	<div> LESMILLS BODYATTACK 4:00pm-4:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 4:00pm-4:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 4:00pm-4:30pm Studio1</div>	<div> LESMILLS DANCE 4:00pm-4:30pm Studio1</div>	<div> LESMILLS BODYATTACK 4:00pm-4:30pm Studio1</div>	16:00
17:00	<div> LESMILLS BODYCOMBAT 5:00pm-5:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 5:00pm-5:30pm Studio1</div>	<div> LESMILLS GRIT 5:00pm-5:30pm Studio1</div>	<div> LESMILLS DANCE 5:00pm-5:30pm Studio1</div>	<div> LESMILLS BODYATTACK 5:00pm-5:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 5:00pm-5:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 5:00pm-5:30pm Studio1</div>	17:00
18:00	<div> LESMILLS DANCE 6:00pm-6:30pm Studio1</div>	<div> LESMILLS BODYATTACK 6:00pm-6:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 6:00pm-6:30pm Studio1</div>	<div> LESMILLS BODYATTACK 6:00pm-6:30pm Studio1</div>	<div> LESMILLS GRIT 6:00pm-6:30pm Studio1</div>	<div> LESMILLS BODYATTACK 6:00pm-6:30pm Studio1</div>	<div> LESMILLS GRIT 6:00pm-6:30pm Studio1</div>	18:00
19:00	<div> LESMILLS BODYBALANCE 7:00pm-7:30pm Studio1</div>	<div> LESMILLS GRIT 7:00pm-7:30pm Studio1</div>	<div> LESMILLS DANCE 7:00pm-7:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 7:00pm-7:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 7:00pm-7:30pm Studio1</div>	<div> LESMILLS GRIT 7:00pm-7:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 7:00pm-7:30pm Studio1</div>	19:00
20:00	<div> LESMILLS BODYATTACK 8:00pm-8:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 8:00pm-8:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 8:00pm-8:30pm Studio1</div>	<div> LESMILLS GRIT 8:00pm-8:30pm Studio1</div>	<div> LESMILLS DANCE 8:00pm-8:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 8:00pm-8:30pm Studio1</div>	<div> LESMILLS BODYATTACK 8:00pm-8:30pm Studio1</div>	20:00
21:00	<div> LESMILLS GRIT 9:00pm-9:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 9:00pm-9:30pm Studio1</div>	<div> LESMILLS BODYATTACK 9:00pm-9:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 9:00pm-9:30pm Studio1</div>	<div> LESMILLS BODYATTACK 9:00pm-9:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 9:00pm-9:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 9:00pm-9:30pm Studio1</div>	21:00
22:00	<div> LESMILLS DANCE 10:00pm-10:30pm Studio1</div>	<div> LESMILLS BODYATTACK 10:00pm-10:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 10:00pm-10:30pm Studio1</div>	<div> LESMILLS DANCE 10:00pm-10:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 10:00pm-10:30pm Studio1</div>	<div> LESMILLS BODYATTACK 10:00pm-10:30pm Studio1</div>	<div> LESMILLS GRIT 10:00pm-10:30pm Studio1</div>	22:00
23:00	<div> LESMILLS BODYBALANCE 11:00pm-11:30pm Studio1</div>	<div> LESMILLS GRIT 11:00pm-11:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 11:00pm-11:30pm Studio1</div>	<div> LESMILLS BODYATTACK 11:00pm-11:30pm Studio1</div>	<div> LESMILLS BODYCOMBAT 11:00pm-11:30pm Studio1</div>	<div> LESMILLS GRIT 11:00pm-11:30pm Studio1</div>	<div> LESMILLS BODYBALANCE 11:00pm-11:30pm Studio1</div>	23:00